

Iimpawu Ekumele Ziqatshelwe Ngokungxamisekileyo Ngoomama Abakhulelweyo



Intloko ebuhlungu engapheliyo okanye eqatselayo njengoko ixesha lihamba



Isiyezi okanye ukufeyinta



lingcinga zokuzenzakalisa okanye ezokonzakalisa usana lwakho



Ifiva



Ukutshintsha kwendlela obona ngayo



Ingxaki yokuphefumla



Ukuba buhlungu kwesifuba okanye ukubetha ngamandla kwentliziyo



Ukudumba kakhulu kwezandla okanye kobuso bakho



Ukuba buhlungu kakhulu nokungapheliyo kwesisu



Isicaphucaphu esimandundu kunye nokugabha (okungafaniyo nokugula kwakusasa)



Ukuyeka okanye ukushukuma komntwana kancinci



Ukudumba, ukuba neendawo ezibomvu, okanye ukuba buhlungu kwemilenze yakho



Ukopha okanye ukuphuma kwamanzi kwilungu lobufazi emva kokuba ukhulelwe



Ukopha okanye ukuphuma amanzi kwilungu lobufazi ngelixa ukhulelwe



Ukudinwa kakhulu



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Ukuba unazo naziphi na kwezi zigulo ngexesha lokukhulelwa okanye emva kokukhulelwa, qhagamshelana nomboneleli wezonyango uze ufumane uncedo ngoko nangoko.

Ukuba awukwazi kuqhagamshelana naye, yiya kwigumbi likaxakeka esibhedlela. Ungalibali ukubachazela ukuba ukhulelwe okanye awukamgqibi unyaka emva kokuba ukhulelwe.

FUNDA NGAKUMBI

<https://obgynsafety.org/urgent-maternal-warning-signs/>



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