

Sinais De Alerta Maternos Urgentes



Dor de cabeça que não desaparece ou piora com o tempo



Tonturas ou desmaios



Pensamentos sobre magoar-se a si própria ou ao seu bebé



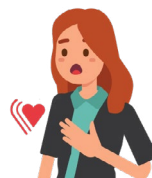
Febre



Alterações na visão



Dificuldade em respirar



Dor no peito ou coração acelerado



Inchaço extremo das mãos ou rosto



Dor de barriga grave que não desaparece



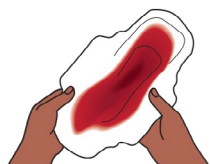
Náuseas e vômitos graves (exceto enjoos matinais)



Os movimentos do bebé pararam ou diminuíram



Inchaço, vermelhidão ou dor na perna



Hemorragia ou corrimento vaginal após a gravidez



Hemorragia ou corrimento vaginal durante a gravidez



Cansaço extremo



SCAN ME

Se tiver algum destes sintomas durante ou após a gravidez, contacte o seu profissional de saúde e obtenha ajuda imediatamente.

Se não conseguir contactar o seu profissional de saúde, dirija-se às urgências. Lembre-se de dizer que está grávida ou esteve grávida no último ano.

SAIBA MAIS

<https://obgynsafety.org/urgent-maternal-warning-signs/>

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