

Varselsignaler Hos Mor Som Skal Håndteres Raskt



Hodepine som ikke forsvinner eller blir verre over tid



Svimmelhet eller besvimelse



Tanker om å skade deg selv eller barnet ditt



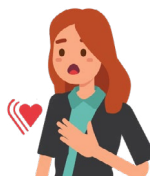
Feber



Endringer i synet ditt



Pustevansker



Brystsmerter eller hjerte som slår raskt



Ekstrem hevelse i hender eller ansiktet



Alvorlige magesmerter som ikke forsvinner



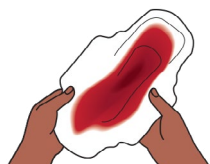
Alvorlig kvalme og oppkast (ikke som morgenkvalme)



Babyens bevegelser stopper eller reduseres



Hevelse, rødhet eller smerter i leggen



Vaginal blødning eller væskelekkasje etter svangerskapet



Vaginal blødning eller væskelekkasje under svangerskapet



Overveldende tretthet



SCAN ME

Hvis du har noen av disse symptomene under eller etter svangerskapet, ta kontakt med helsepersonellet ditt og få hjelp med en gang.

Hvis du ikke kan nå helsepersonellet, dra til legevakten. Husk å si at du er gravid eller har vært gravid i løpet av det siste året.

FINN UT MER

<https://obgynsafety.org/urgent-maternal-warning-signs/>

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