

ताकतपिके चीं मातृत्वर्त्यावादर्शक शटिकावणीी दर्विपीी चन्निां



तकलीफोड
कमी
जायनावा
का
ळांतरान
चड जाता।



घुंवल
येव
वाबं
शुद्ध
जावप



सवताक वा त
मेच्या भ्रूराग्या
क देखापतेकरेपा
एवशीं वचिार
येवप



जो
रेये
वप



तुमचे
नेदरे
त बदल
जावप



स्वांस घे
वेव
क त्रास
जावप



हड्डयां त
केकेचता वा
काळाजि
कलकलता।



तुमचे हात
वातो डचड
सुजप



थांबना अशे
पोटात
दुखप



खर मूळमळ प
आनी घळया कडे
ने येवप (मां
रुनिसकिने सा।
भशे न न्हय)



गरभाची
हालचा ल
थांब वा
मंद जावप



तुमचे
पोय सु
जप, तांबडे
जावप वा
दुखप



बाळंटे टोरा
उपरांत योनी
तरकतसुराव वा
द्वगळप



गुरवारपणांत यो
नी तरकतसुराव
वा द्वगळप



जबरदस्त थकवो



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Action

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तुमकां जरी गुरवार पणार वा बाळंटे टोरा उपरांत हातातलीं खंयचींय लक्षणां आसल्यार, तुमच्या भलायकी सेवा पुरवणक रत्याका सं परक करचो आनी रोखडीच मजत घेवची।

तुमी जरी तुमच्या सेवा पुरवणक रत्या कडेकां डीन पावूं शकनात जा ल्यार आपत्कालीरत्याकां लीन कुडो त वचचे तुमी गुरवार आसात वा फाट ल्या वर्स भरत गुरवार आशिल्ली हे उगडासान सांगचे

चड जाणून घेवचे

<https://obgynsafety.org/urgent-maternal-warning-signs/>



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