

Etal Q'ilb'al Rech K'iysanik Aninaqil Rij



Q'oxom
jolomaj man
katani' taj
o sib'alaj
kanimatajik



Sutinem
wachaj o
sachalem



Chomanik
rech ub'anik
k'ax chi rib'il
ib' o chech
le ne'



Q'aq'



Taq
k'exonem
rech le
b'aqwachaj



K'axk'olal
ruk' ujek'ik
uxlab'



Q'oxom
uwach k'u'xaj
o aninaq
kasilab' ri
anima



Uspojem
taq ri uq'ab'
o upalaj



Q'oxom chi
pamaj man
katani' taj



Xab'em nim
ub'anin xuquje'
muluw k'u'xaj
(man junam ta
ruk' le xab'em
rech nimaq'ab')



Qaq'ati'
usilab'em ri
ne' o kaqaj
ri usilab'em



Spojem,
ub'anik
kaq chech,
o q'oxom
chech ri ra'



Relik kik' pa
le b'aqilal o
utzaqik flujo are
taq q'axnaq chi
uyowajik ri winaq



Relik kik' pa le
b'aqilal o utzaqik
flujo are taq
yowab' chi ri
winaq



Kosem



SCAN ME

We at kana'o che jewa' ktajin kub'an wa' chi awech are taq at yowab' winaq chik o are taq q'axnaq chi ri ayab', chatch'aw ruk' le akunanel xuquje' aninaq chatzukuj tob'anem.

We man katkowin taj katch'aw apan ruk' le aya'onel, jat pa le ja rech aninaqil kunanem. Qas kna'taj chi awech kab'ij che atyowab' winaq chik o xatux yowab' winaq pa le uk'isb'al junab'.

CHAWETA'MAJ NIK'AJ CHI USAQIL TZIJ

<https://obgynsafety.org/urgent-maternal-warning-signs/>

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