

母体の緊急警告サイン



いつまでも続く頭痛、または時間の経過とともに悪化する頭痛



めまいや失神



自分や赤ちゃんを傷つけてしまいたくなる



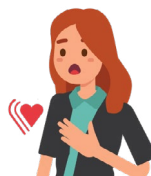
発熱



視力の変化



呼吸困難



胸痛または心拍が速い



手や顔の著しい腫れ



いつまでも続く重度の腹痛



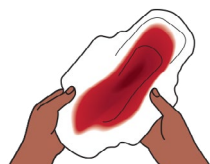
重度の吐き気および嘔吐（つわりとは異なる場合）



赤ちゃんの動きが止まる、または遅くなる



脚の腫れ、赤み、痛み



出産後の膣出血または体液漏れ



妊娠中の膣出血または体液漏れ



激しい疲労感



SCAN ME

妊娠中または妊娠後にこれらの症状が現れた場合は、すぐにかかりつけの医療機関に連絡し、助言を受けてください。

かかりつけの医療機関と連絡が取れない場合は、救急外来を受診してください。あなたが現在妊娠している、または過去1年以内に妊娠していたことを必ず伝えてください。

詳しくはこちらをご覧ください

<https://obgynsafety.org/urgent-maternal-warning-signs/>

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