

Segnali D'Allarme Materni Urgenti



Mal di testa che non scompare o peggiora nel tempo



Capogiri o svenimenti



Pensieri di fare del male a se stessa o al/la bambino/a



Febbre



Alterazioni della vista



Difficoltà respiratorie



Dolore al petto o battito cardiaco accelerato



Estremo gonfiore delle mani o del viso



Grave dolore addominale che non scompare



Forte nausea e vomito (non come malessere mattutino)



Movimenti del/la bambino/a che si arrestano o rallentano



Gonfiore, arrossamento odore allagamba



Sanguinamento vaginale o perdita di liquido *dopo* la gravidanza



Sanguinamento vaginale o perdita di liquido *durante* la gravidanza



Stanchezza travolgente



SCAN ME

Se manifesta uno qualsiasi di questi sintomi durante o dopo la gravidanza, contatti il Suo operatore sanitario/medico e richiedi immediatamente assistenza.

Se non riesce a contattare il Suo operatore sanitario/medico, si rechi al Pronto Soccorso. Ricordi di dire che è incinta o che è rimasta incinta nell'ultimo anno.

PER SAPERNE DI PIÙ

<https://obgynsafety.org/urgent-maternal-warning-signs/>

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