

Árídandi Vidvörðunarkerki Fyrir Mæður



Höfuðverkur
sem hverfur
ekki eða
versnar með
tímanum



Svimi eða
yfirlíð



Hugsanir um
að skaða þig
eða barn þitt



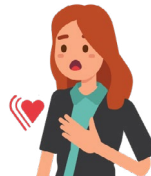
Hiti



Sjónbreytingar



Öndunarerfiðleikar



Brjóstverkur
eða hraður
hjartsláttur



Mikill þroti
í höndum
eða andliti



Slæmur
kviðverkur
sem hverfur
ekki



Mikil ógleði
og uppköst
(ekki eins og
morgunógleði)



Hreyfingar
barnsins
stöðvast
eða minnka



Þroti, roði
eða verkur
í fótlegg



Blæðing frá
leggöngum eða
vökví sem lekur
eftir meðgöngu



Blæðing frá
leggöngum eða
vökví sem lekur
á meðgöngu



Yfirþyrmandi
þreyta



SCAN ME

Ef þú finnur fyrir einhverjum þessara einkenna á eða eftir meðgöngu skaltu umsvifalaust hafa samband við heilbrigðisstarfsmann.

Ef þú nærð ekki í þjónustuveitandann skaltu fara á bráðamóttökuna. Mundu að segja þú sért þunguð eða hafir verið þunguð á síðastliðnu ári.

FREKARI UPPLÝSINGAR

<https://obgynsafety.org/urgent-maternal-warning-signs/>

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