

孕产妇紧急警示信号



头痛持续不消退或逐渐加重



头晕或厥



产生伤害自己或孩子的想法



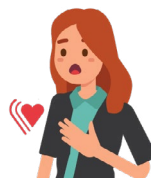
发热



视力变化



呼吸困难



胸痛或心跳加快



手部或面部极度肿胀



严重腹痛，持续不消退



重度恶心和呕吐（非晨吐）



胎动停止或减缓



腿部肿胀、发红或疼痛



产后阴道出血或漏液



怀孕期间阴道出血或漏液



极度疲倦



SCAN ME

如果您在怀孕期间或产后出现上述任何症状，请立即联系您的医务人员并寻求帮助。

如果您无法联系到医务人员，请前往急诊室。请记得说明您已怀孕或在过去一年内怀孕过。

了解更多信息

<https://obgynsafety.org/urgent-maternal-warning-signs/>

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