

孕產婦緊急警告病徵



頭痛沒有隨著時間消退或隨著時間加重



暈眩或昏厥



有傷害自己或寶寶的念頭



發燒



視力改變



呼吸困難



胸腔疼痛或心跳加快



手部或臉部嚴重腫脹



嚴重腹部疼痛且持續不退



嚴重噁心和嘔吐（不同於晨吐）



胎兒活動停止或減緩



腿部腫脹、發紅或疼痛



懷孕後陰道出血或有液體滲漏



懷孕期間陰道出血或有液體滲漏



極度疲勞



SCAN ME

如果您在懷孕期間或之後出現任何這些症狀，請聯絡您的醫療護理提供者並立即尋求協助。

如果您無法聯絡到您的醫療護理提供者，請前往急症室。請務必告知醫生您現在已懷孕或在過去一年內懷孕。

要了解更多資訊，請瀏覽

<https://obgynsafety.org/urgent-maternal-warning-signs/>

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