

Dringende Moederverwante Waarskuwingstekens



**Hoofpyn
wat nie
weggaan
nie of
mettertyd
erger word**



**Duiseligheid
of floute**



**Gedagtes
om uself of u
baba seer te
maak**



Koors



**Veranderinge
in u sig**



**Moeite met
asemhaling**



**Borskaspyn
of vinnige
harttempo**



**Uiterste
swelling
van u
hande
of gesig**



**Erge buik- of
maagpyn wat
nie weggaan
nie**



**Erge naarheid
en opgooi (wat
anders is as
oggendnaarheid)**



**Baba se
bewegings
stop of
word
stadiger**



**Swelling,
rooiheid
of pyn in
u been**



**Vaginale bloeding
of vloeistof wat lek
ná swangerskap**



**Vaginale bloeding
of vloeistof wat
lek gedurende
swangerskap**



**Oorweldigende
moegheid**



**Quality
Action**

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**Indien u gedurende of ná swangerskap enige van hierdie simptome
het, kontak u gesondheidsorgverskaffer en kry onmiddellik hulp.**

Indien u nie u verskaffer kan bereik nie, gaan na die ongevalle-eenheid. Onthou om te
sê dat u swanger is of in die afgelope jaar swanger was.

MEER INLIGTING

<https://obgynsafety.org/urgent-maternal-warning-signs/>



SCAN ME

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**Quality
in Action**

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